

DAISY CENTRE AND SCHOOL,

DIGITAL MONITORING PROGRAMME.

GRADE 3 HYGIENE AND NUTRITION. ASSIGNMENT 11, JULY 17TH,

2020

Protective foods

- These are foods that protect our bodies from illness.
- They are also called vitamins.
- We all do not want fall sick.
- We should eat protective foods.
- These fruits are: carrots, sukumawiki, tomatoes, apples, oranges and spinach.



Spinach



Carrots



Sukumawiki



Oranges



Apples

Questions

1. Draw and name colour 6 protective foods.
2. Protective foods protect our bodies from _____.
3. Protective foods are also called _____.
4. Fill in the blanks
 - a) V _ t _ m _ ns
 - b) illn _ ss _ s.
 - c) sp _ n _ ch.
 - d) B _ d _ _ s.
 - e) S _ k _ m _ w _ k _

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GRADE 3 C.R.E. ASSIGNMENT 11, JULY 17TH, 2020

ASSESSMENT EXERCISE

1. God iswhen we have unity and understanding in the family.
(sad, happy)
2. saw a burning bush.(Moses, Jonah)
3. When praying we should show to God. (Disobedient, respect).
4. A big fish swallowed (Daniel, Jonah.)
5.was healed of a bad skin disease. (Elisha, Naaman).
6. We should always makechoices. (Good, bad).
7. Name picture of places of worship below.



(Church, Temple, Mosque)

8. We remember the death and resurrection of Jesus on the day of.....
(Easter, Pentecost).
9. We shouldthe Bible every day so that it can guide us. (write, read)
10. The three Hebrew men who were saved from fire were
 -
 -and
 -

“STAY HOME BE SAFE.....JESUS LOVES YOU”

TR. BONNIE

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GRADE 3 KISWAHILI ASSIGNMENT 11, JULAI, 17 2020

Soma insha.

Mtumbaya.

Mimi na ndugu yangu tulitumwa na mama.

Tulitumwa kwa nyanya.

Tulikaa kwa nyanya kidogo.

Tulimwambia nyanya kwa heri.

Tulianza safari kurudi nyumbani.

Tulitembea haraka.

Hatukutaka kuchelewa kufika nyumbani.

Tulimuona mtu aliyekuwa na pikipiki njiani.

Alisimama karibu na sisi

Alituuliza majina yetu lakini hatukusema.

Alitaka kutubeba kwa pikipiki lakini tulikataa.

Alianza kuja karibu n asisi.

Tulipiga ukulele na kutoroka.

Watu wengi walikuja.

Zoezi

Andika insha uliyosoma kwa maneno yako mwenyewe.

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GRADE 3 MATHEMATICS. ASSIGNMENT 11, JULY 17TH, 2020

Adding using doubles

Example:

a). $6+8+6=$ _____

6 and 6 is a double that makes 12

$12+8=20$

$6+8+6=20$

Exercise;

1) _____ +5+3=13

2) $8+_____+4=16$

3) $9+7+_____ =25$

4) $9+__+4=16$

5) $9+__+4=17$

6) $7+__+6=20$

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GRADE 3 ENGLISH ASSIGNMENT 11, JULY 17TH 2020

Write these words correctly.

Example

1. tableveeg – vegetable

2. hopsita –

3. werolf-

4. artpoir –

5. gebbaca –

6. veclhe -

Use myself, himself or yourself

7. You can help the man by _____

8. I carried the bag _____

9. He painted the wall _____

10. John did the work _____

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GRADE 3 ENVIRONMENTAL ASSIGNMENT 11, JULY 17TH 2020

DANGERS OF HEAT ENERGY

- Things that cause fire are matchbox, gas, electricity, candle and kerosene.
- We should not play with these sources of heat.
- Playing with electric sockets or putting things in the sockets can cause shock
- In case of fire break outs we need to move out of the house quickly.
- We use fire extinguisher to put fire out when there is fire outbreak.

Exercise

1. Name things that cause fire in our homes.

2. Playing with electric sockets can cause _____ (shock, chaff)

3. We use _____ to put fire out when there is fire outbreak. (oil, extinguisher)

4. We light our house with electricity _____ (bulbs, stove)

5. Which one is a source of heat? (soil, water, firewood)