

**DAISY CENTRE AND SCHOOL,
DARASA LA TANO KISWAHILI KAZI YA ZIADA YA 11
TAREHE: 17 JULAI, 2020**

<u>Wastani</u>	<u>ukubwa</u>	<u>udogo</u>
Mtu	jitu	kijitu
Nyumba	jumba	kijumba
Mti	_____	_____
Mlima	_____	_____
Kichwa	_____	_____
Mbwa	_____	_____
Mtoto	_____	_____
Mbuzi	_____	_____

DAISY CENTRE AND SCHOOL,

CLASS 5 C.R.E. ASSIGNMENT 11, JULY 17TH, 2020

The story of Paul.

Paul who was called Saul he mistreated other people.

Other threats are:

- Conflicts with other people.
- Mistreating others.
- Being cruel to other people.

Saul was struck by a strong light.

He heard a voice calling "Saul! Saul! Why do you persecute me?"

He became blind from that time.

Ananias had a vision then he went to Judas' house where Saul was, he prayed for him.

Saul recovered and he was baptised and changed his name to Paul.

He started his work in Damascus before he left for Jerusalem.

Questions

1. Saul was struck by strong _____.
2. Who prayed for Saul to recover his sight? _____
3. When Saul was blind he stayed in _____ house.
4. Where did Paul start his work? _____
5. Name three bad things that people do to others

DAISY CENTRE AND SCHOOL,

CLASS 5 MATHEMATICS ASSIGNMENT 11, JULY 17TH, 2020

LENGTH

Addition of centimetres, metres and kilometres

Example 1

Add 3km 450m to 1km 700m

KM	M
3	450
+	
1	700
<hr/>	
5	150

Working

$$450\text{m} + 700\text{m} = 1\,150\text{m}$$

$$1\,000\text{m} = 1\text{km}$$

$$1\,150\text{m} = 1\text{km and } 150\text{m}$$

Record 150m and carry over 1km

Add the 1km to 3km + 1km

$$\text{That is } 3 + 1 + 1 = 5\text{km}$$

Example 2

Add

KM	M	CM
22	520	49
+		
19	849	66
<hr/>		
42	370	15

Working

$$49\text{cm} + 66\text{cm} = 115\text{cm}$$

$$100\text{cm} = 1\text{m}$$

$$115\text{cm} = 1\text{m and } 15\text{cm}$$

Record 15cm and carry over

1m

Add the 1m to 520 + 849m

$$= 1\,370\text{m}$$

$$1\,000\text{m} = 1\text{km}$$

1 370m = 1km and 370m

Record 370m and carry over

1km

Add the 1km to 22 + 19km

$$= 42\text{km}$$

Exercise

1. Add

$$\begin{array}{r} \text{(a)} \quad \text{M} \qquad \text{CM} \\ 3 \qquad 20 \\ + \\ 4 \qquad 60 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} \text{(b)} \quad \text{M} \qquad \text{CM} \\ 2 \qquad 70 \\ + \\ 5 \qquad 65 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} \text{(c)} \quad \text{KM} \qquad \text{M} \\ 4 \qquad 300 \\ + \\ 2 \qquad 800 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} \text{(d)} \quad \text{KM} \qquad \text{M} \\ 6 \qquad 350 \\ + \\ 4 \qquad 650 \\ \hline \\ \hline \end{array}$$

$$\begin{array}{r} \text{(e)} \quad \text{KM} \qquad \text{M} \qquad \text{CM} \\ 8 \qquad 770 \qquad 25 \\ + \\ 3 \qquad 240 \qquad 85 \\ \hline \\ \hline \end{array}$$

2. Ole shanguya took his cattle to graze 3km 40m away from his home. At noon he took them a further 5km 980m to the river. How far from home was the river?

(Primary Mathematics Pg. 60)

DAISY CENTRE AND SCHOOL,

CLASS 5 SOCIAL STUDIES ASSIGNMENT 11, JULY 17TH, 2020

1. State 3 factors favouring the growing of wheat

- _____
- _____
- _____

2. Name 3 places where wheat is grown in Kenya

- _____
- _____
- _____

3. What floriculture?

4. Flowers are grown in special houses called _____

5. Name 3 places where flowers are grown in Kenya

- _____
- _____
- _____

6. We transport flowers using _____

DAISY CENTRE AND SCHOOL,

CLASS 5 SCIENCE. ASSIGNMENT 11, JULY 17TH, 2020

FOOD AND NUTRITION.

Food:- any substance that is taken into the body by either drinking or eating, in order to maintain good health.

Nutrition: - This is the process of providing the body with food necessary for growth and maintenance of good health.

Nutrients:- These are substances found in food.

Functions of Food.

- a) Produce enough energy needed to work and play.
- b) Build the various parts of the body.
- c) Repair parts of the body that may have been damaged by diseases.
- d) Protect itself against various diseases.
- e) Stay alive and maintain good health.

Types of Food Required by the Body.

- ❖ Carbohydrates- These are **energy-giving** food, e.g. Sugarcane, green maize, green banana, honey, table sugar, etc
- ❖ Fats and oils- These are also **energy-giving** foods.eg coconut, sunflower, cod-liver oil, corn, simsimetc
- ❖ Proteins- These are **body-building** and **repair** foods.eg beans, milk, eggs, peas, soya beans etc
- ❖ Vitamins- These are **protective** foods.eg vitamin A,B,C and D
- ❖ Mineral salts- These **supply chemicals** needed for growth and good health.

Vitamin	Sources	Use in the body.
Vitamin A	Butter, liver, fish, milk, eggs, dark green leafy vegetables, pumpkin, carrots, oranges, fats, avocado and pears	Good for eyesight.
Vitamin B	Whole cereals grains e.g. maize, wheat, millet, green leafy vegetables, milk, soya beans, liver, and kidney.	Proper working of the brain. Also important for digestion of food, growth in children and general health such as smooth skin.
Vitamin C	Fresh vegetables and fruits e.g. oranges, lemons, pawpaw, guavas, pineapples, tomatoes.	Helps to heal wounds healthy teeth, gums and skin.
Vitamin D	Eggs, milk, sunlight	Strong bones and teeth.

Minerals, their sources and their use in body.

Minerals	Sources	Use in the body
Calcium	Milk, millet, matumbo and small fish eaten whole	Strong bones and teeth. Helps in clotting of blood to stop bleeding.
Phosphorus	Milk, beans, eggs.	Works together with calcium and vitamin D in the formation of strong bones and teeth.
Iron	Liver, kidney, meat, eggs, kales, spinach, any green leafy vegetables	Helps to make the blood healthy.

A Balanced Diet.

This is a meal that contains all the different types of food nutrients that are needed by the body in order to maintain good health.

Importance of water in a Diet.

- i. Water helps in the digestion of food that is transporting the food in the body.
- ii. Water also helps in making blood.
- iii. Water removes waste products from the body through urine and sweat.
- iv. Water cools the body when the weather is hot.
- v. Water prevents the skin from drying.

Fibres.

This is the thread-like parts of the food in vegetables, fruits and outer skins of grains such as maize and wheat.

They are not digested by the body and has no Nutritive value

They help in getting rid of waste product (constipation)

Deficiency Diseases.

These are disease caused by food related diseases, they include:-

Disease	Cause	Signs	Prevention
Kwashiorkor	Lack of protein	<ul style="list-style-type: none">• The child develops brownish and thin hair.• Parts of the body e.g. face, cheek, stomach, arms and feet swells• The child cries alot• Sores at the	Eating foods rich in proteins.

		<p>Corner of the mouth.</p> <p>Skin becomes loose and hair falls out easily.</p>	
Marasmus	<p>Caused by starvation is lack of enough food</p>	<p>The child becomes very weak.</p> <p>Shapes of bones are visible.</p> <p>The patient looks like a small old person.</p> <p>The child cries very often.</p>	<p>Take enough food</p>
Rickets	<p>Lack of vitamin D or calcium.</p>	<p>Bow shaped legs</p> <p>Knocked needs</p> <p>Soft and weak bones</p>	<p>Expose to sunlight or eating food rich in calcium</p>
Anaemia	<p>Lack of iron in the body.</p>	<p>Dizziness.</p> <p>Fainting.</p> <p>Eye, nails, toe becomes pale.</p> <p>Tiredness.</p>	<p>Eating foods rich in irons</p>